

Prayer for Healing from the End of a Relationship

I am holding it all together on the outside, God, but inside my heart is crushed. I never imagined the future without him. I never imagine myself without him.

Help me, God. Give me the courage to face the past and learn from it. Remind me to take the time to grieve for all that is no more. I feel so alone. Be with me, God. Teach me to believe that there is hope for me, that I will find love again.

Heal my heart, God. Fill me with the strength to gather up all the broken pieces, and begin again.

Amen.